

IHS CHEER CODE OF ETHICS:

- **Appearance**

As a member of the Interlake Cheer Team a clean presentable appearance is a must. Please look presentable at school events. How you present yourself is a reflection of the team and school. Makeup must be clean and natural, hair must be pulled together. Ask coach or captains for specifics on makeup or hair as they may vary from event to event.

- **Attendance**

Being present is mandatory. Cheerleading does not have a first or second string and absent team members may result in a chain reaction for the whole team. Please see attached attendance policy. Failure to comply with attendance policy may result in being put on notice.

- **Attitude**

Attitude is an integral part to being on a team. Whining or complaining will get you nowhere fast and is applicable to the attitude policy. Similarly inability to follow coach's expectations or requests may be deemed as insubordination. Lack of positive attitude not only affects you but members of your team. A positive attitude is required at all times, lack of a positive attitude will not be tolerated and may result in consequences or being put on notice or termination at the coaches discretion.

- **Honesty**

Honesty to coaches and captains is a given on any team. Failure to be honest may result in punishment or necessary verification from parent or teacher type of verification is at the coach's discretion.

- **Respect**

Show respect to yourself, team members, captains and coach at all times. When coach is not present your captains are next in charge. If captains are not present returners are next in line. Respect others on your team at all times. Failure to do so may result in being put on notice or termination at the coach's discretion.

- **Self Reliance/Initiative**

Make yourself indispensable. It is the responsibility of each team member to take initiative for their own success within the squad. Be a proactive member of the team whether it be spotting, jumping, dancing or stunting. If you are not stunting, you are an active spotter.

Entitlement is not tolerated. Being a member of the Interlake Cheer Team does not guarantee stunting or any other privilege. Just like any other sport, simply making the team does not guarantee playing time, and coach reserves the right to deem any member of the team as not performance or stunt ready at any time.

Cheerleading has many facets and just because you are not stunting it does not mean you have a free pass to be lazy. Take initiative. Nothing is holding you back from being the best dancer, spotter or jumper on the team. It is your responsibility to carve out your role on the team.

- **Preparation**

As a member of the team it is important to come prepared particularly on game-days. Please refer to the attached packing list.

- **Alcohol and Academics**

In accordance with contract signed in June.

IHS Attendance Policy

Excused absences are not applicable but must be used within reason or may require parent authorization.

Type	Equal to # of Strikes
Late >15 minutes	.5 Strikes
Late <15 minutes	1 Strike
Unexcused Absences	1 Strike

Excused absences do not count as a strike however parent or teacher authorization is needed to make a unexcused absence an excused absence within 1 week from the incident

ANYTHING MORE THAN 1 STRIKE RESULTS IN PUNISHMENT (EITHER DISMISSAL FROM A FOOTBALL GAME OR PEP ASSEMBLY)

For absences and lates to be excused Captains and Coach must be notified the day before a practice or event.

I.E. Texting a captain at 6 am a practice day is not an excused late or absence and equals one strike.

Sudden illness must be reported 1 full hour before said event. I.E. For practices coach and captains must be informed no later than **5 am SHARP**. If sudden illness is frequent parent authorization is needed for them to be excused.

Examples of strikable offenses:

- Late to practice
- Late for games
- Absences from games
- Absences from practices and games
- Late or absences from cheer events
- Late or absences from optional practices that Coach has made mandatory for certain team members.
- Leaving early without valid excuse or prior notification

Due to the volume of material we learn and limited time, make-up practices may be needed to make-up for missed practices excused or not. Coach will work with team member for a convenient time outside of regular practice hours.

**Coach reserves the right to discern which events are strikable for any team member at anytime.*

On Notice Policy:

Failure to follow expectations outlined above may result in being put on notice. Notice is a probationary period for cheer members. Any strike or offense within this period may result in termination.

Being on notice may also result in mandatory extra practice failure to comply may result in termination.

Notice will range from a month minimum to the end of the cheer season depending on the volume or extent of the offense at the coach's discretion.

At Will Policy:

Being a member of the squad is At-Will. Meaning no-one is forcing you to be a member of the team. If you feel as if you have bit off more than you can chew, please resign now.

*Coach reserves right to terminate members for failure to comply with team rules or a valid reason.

Packing List for Games

- Bows (all 3)
- Liners
- Shell
- **SPANDEX**
- Skirt
- Poms
- Pants
- Shoes
- Fleece
- Jacket
- Snacks
- Water

If you live further than 15 minutes from Interlake pack a meal for dinner on game night or dinner must be had prior to the start of team dinner on Friday night.

I have read the above contract and addendum and understand that failure to comply may result in punishment or termination. *Performance and attitude during cheer season may impact eligibility for cheer team the following year.*

Squad Member Signature _____ Date _____

Parent or Guardian Signature _____ Date _____

**Signing does not Void contract signed in June.
Simply is a specification of rules (IHS Squad Member Expectations)
agreed to in June.**

Failure to sign indicates insubordination and may forfeit member's team privileges or ability to be on the team and may require termination.